



Jerusalem, Israel

WHERE + WEAR

HIGHLIGHTS: Walk **Via Dolorosa** and explore Jerusalem's Old City, comprised of four quarters: Jewish, Christian, Arab, and Armenian. Shopping in the Old City transports you to another world, and the history – religious and otherwise – is unparalleled. For an interest tour of contrasts, join **Abraham Tours** for a day (or more) touring the West Bank.

WHERE TO DINE: Jerusalem's food scene brings a surprising wow factor, with a great local market and some high-end Middle Eastern establishments. Visit the **Mahane Yehuda Market** to nibble on dried fruits and sweets. For a memorably dinner, visit **Machenyuda Restaurant** or its sister property, **Yudale**.

WHAT TO WEAR: A visit to the Middle East generally will force you to look a bit more closely at your wardrobe. You'll want clothing that is conservative but lightweight to combat the heat during the day. Ladies, maxi dresses, harem pants and skinny jeans are perfect – form-fitting bottoms are okay but you'll want to be conscious of showing too much skin.

Bring a scarf to use as a shoulder covering or a head covering if you're entering a mosque. Breathable tees and tops are perfect for day – dress them up with fun accessories that you'll find in the market. By night, be sure to bring a lightweight cardigan as it can cool down noticeably at night, even in the fall. For footwear, comfortable flip-flops are a great go-to by day.

Sleeveless or short sleeve maxis are breezy and versatile



Lightweight harem pants or a comfortable pair of jeans will be conservative and comfortable.



Cushioned flip-flops will get you around comfortably.

MIDDLE EASTERN JOURNEYS